

Date:
Time:
Doctor:

Uterine Fibroid Treatments

Please pick out the questions that are best suited for your medical situation.

Uterine Artery Embolization (UAE) ONLY:

- **GYN:** What is your opinion of the uterine artery embolization procedure? Do you refer your patients to an Interventional Radiologist (IR) for the UAE procedure?
- **IR:** What type of embolic material (particles) will you be using for my procedure? What does the particles look like (sample)? How much will you be using for my case?
- Has the doctor received the proper training for the UAE procedure? How many UAE procedures have you personally performed? Will you be performing my UAE personally? How many UAE procedures do you do each day/week? (UAE Training Standards)
- Would UAE be the best procedure for me because I am considered a high risk due to all of my medical problems?
- What are the complications with UAE?
- What is your success rate with the UAE procedure? How is the success rate measured?
- How much pain should I expect when the fibroids are cut off from their oxygen and blood supply? Will my body absorb the fibroid tissue? Could I experience sloughing (expelling) fibroid tissue or expelling the entire fibroid?
- Could the embolic material (particles) block the ovarian artery and cause ovarian failure and infertility?
- Will my fibroids grow back after a UAE?
- What kind of doctor follow-up does he/she perform? Will the doctor be there to answer every e-mail or phone call? Will the doctor have their nurse or an intern do it? How long will I be under the IR care? Will there be consultations between my GYN and IR about my medical situation if a problem should arise? (Refer to 'IR questions'.)
- **ADDITIONAL Uterine Artery Embolization questions:**

MYOMECTOMY ONLY:

- **GYN:** Do you perform the myomectomy procedure? What types have you been trained in and perform (laparotomy, hysteroscopic, laparoscopic)? Do you perform the myomectomy personally? How often do you do them? How many in one day? How many have you performed?
- Can a myomectomy change in mid-stream into a hysterectomy because of complications at the time of surgery? What is the chance you may need to do a hysterectomy?
- Please explain the risk of fluid overload during the hysteroscopic myomectomy. How is it monitored?
- What is the success rate for a myomectomy (laparotomy, hysteroscopic, laparoscopic)? How do you measure the success rate?
- Ask the doctor for an estimate of the likelihood of needing further surgery for additional fibroids after a myomectomy.
- What is the follow-up care for a myomectomy procedure?
- **ADDITIONAL Myomectomy questions:**

HYSTERECTOMY ONLY:

- **GYN:** What complications could I experience from a hysterectomy?
- Has the doctor received the proper training for the procedure? How many hysterectomies have you personally performed? Will you be performing my hysterectomy personally? How many procedures do you do each day/week? Do you perform ALL of the hysterectomy procedures (laparoscopic, vaginal, etc.)?
- What is the success rate for a hysterectomy? How do you measure this?
- What are the benefits/risks for a hysterectomy?
- What is the follow-up care for a hysterectomy?
- **ADDITIONAL Hysterectomy questions:**

Medical Articles:

"Ovarian Conservation at the Time of Hysterectomy for Benign Disease", William H. Parker, MD, Michael S. Broder, MD, MPH, Zhimei Liu, PhD, Donna Shoupe, MD, Cindy Farquhar, MD, and Jonathan S. Berek, MD, MMSc; American College of Obstetricians & Gynecologists: Vol. 106, No. 2, August 2005, 219-226. Websites: [Entrez PubMed](#) or [acog.org](#).

"Dogma, Skepsis, and the Analytic Method The Role of Prophylactic Oophorectomy at the Time of Hysterectomy", David L. Olive, MD; American College of Obstetricians & Gynecologists: Vol. 106, No. 2, August 2005, 214-215

Ovary Research: www.doctorsinfoweb.com/women/ovary-research.htm

ADDITIONAL questions that pertain to my medical situation:

The following information should be taken to the doctor consultation: ([Refer to 'Diagnosing Uterine Fibroid Tumors'](#).)

- Lab tests, sonograms, MRI, pap test results, etc. relative to your current medical condition.
- The paperwork the doctor's office sent you to fill out.
- Medical insurance information - (Physician information - doctor names and addresses)
- Calendar that tracks your symptoms is helpful to the doctor and you when reviewing your medical condition. (Don't forget your menstruation date).
DATE_____
- Medical history that includes your surgery and medication information.

Patient Discussion Guides are available at the following URL:
<http://www.hopeforfibroids.org/questionstoask.html>.

Hope For Fibroids Organization, web site URL www.hopeforfibroids.org.

Contact Information: hope@hopeforfibroids.org.